KAISER PERMANENTE
GREAT ALOHA RUN
30
1985 – 2014
KE KUKONI ME KE ALOHA PAUPOLE

OFFICIAL ENTRY FORM

Visit us at: www.greataloharun.com

Monday, Feb. 17, 2014
Presidents' Day

For Official Use Only

1. Complete legibly and completely. Everyone on the course must be registered. One form per person.

Sex: ☐ Male ☐ Female

Age on 2/17/14

Date of Birth: Month Day Year

Last Name

First Name

M.I.

Address

Apt No.

Address Line 2

City

State

Zip / Postal Code

Country, if other than USA

Best Contact Number Including Area Code

Emergency Number on Race Day Including Area Code

Email Address

Please select estimated finishing time corral:

- ☐ **Under 1:14** (9 minute mile or less pace)
- ☐ **1:15 - 1:30** (9 - 11 minute mile pace)
- ☐ **1:31 - 1:55** (11 - 14 minute mile pace)
- ☐ **1:56 - 2:27** (14 - 18 minute mile pace)
- ☐ **2:28 - 3:00** (18 - 22 minute mile pace)
- ☐ **3:01 and over** (22 minute mile or more pace)

100 Club Code

515
High School Challenge Code

Free Bus to Downtown: (Check only one please) ☐ Before ☐ After ☐ Waikiki Shuttle (check here)

T-shirts Awarded to Finishers Only! (Unisex sizes). Finisher shirts are not available for babies in strollers. Size selection is final.

Youth Sizes: ☐ Y Med ☐ Y Lrg

Adult Sizes: ☐ S ☐ M ☐ L ☐ XL ☐ XXL

MILITARY BRANCH OF SERVICE (check one): ☐ **Air Force** ☐ **Army** ☐ **Coast Guard** ☐ **Marines** ☐ **National Guard** ☐ **Navy**

For Active Duty/Reserve/National Guard, family member and DOD civilian employee. Family members, check your sponsor's branch of service.

2. Check box. All entries TIMED except Baby in Stroller.

2014 ENTRY DONATION LEVELS

Postmark Your Entry by **Jan. 17, 2014** (No paper entries accepted after this date.)

- ☐ $5 **Baby** 4 years and younger, pushed in stroller. Untimed ..... _____
  Baby's name _____
- ☐ $25 **Child** 5-12 years and **Senior** 65 years and older (includes Presidents' 100 Club) ..... _____
- ☐ $30 **Military** 13-64 years For Active Duty/Reserve/National Guard, family member and DOD civilian employee (Must show ID at Packet Pick-up) ..... _____
- ☐ $35 **Individual** 13-64 years (Includes Presidents' 100 Club) ..... _____

OPTIONAL SELECTIONS (Check all that apply)

- ☐ $8 **In Training Shirt Mailing Fee** (Must register by Dec. 6, 2013 to be eligible) ..... _____
- ☐ $9.95 **Medal** (Must pick up at GAR Expo, Feb. 14-16, 2014) ..... _____
- ☐ $17.95 **Medal & Mailing Fee** (Medal mailed after run) ..... _____
- ☐ $25 **In Training Dri-Tech Shirt** (Includes mailing to US address only) Color (Please check one): ☐ Orange or ☐ Blue ..... _____
- ☐ $____ **My Gift to GAR Charities** ..... _____

TOTAL PAYMENT ..... $ _____

ENTRY DONATION IS NON-REFUNDABLE AND NON-TRANSFERABLE

3. Please read and sign.

PLEASE READ AND SIGN.

Sorry, we cannot process without your signature.

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection will be provided, there will be traffic on the course route. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and the condition of the road, all such risks being known and appreciated by me.

Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf covenant not to sue, and waive, release, and discharge Carole Kai Charities, Inc., the City and County of Honolulu, including their Police Department, State of Hawaii, the Race Officials, Volunteers, any and all sponsors and any and all agents, employees, assigns or anyone acting for or on their behalf from any and all claim of liability for death, personal injury or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event. In consideration of the opportunity to enter this race, if I am an Operator or Occupant of a Stroller or Assisted Wheelchair, I agree that I am fully responsible for my own safety and the safety of the occupant of the stroller or assisted wheelchair. (Safety is defined as doing everything reasonably necessary to avoid or prevent an accident including, but not limited to operation with safe speed and equipment and avoiding risks.) I also understand that in the event this race cannot be held as scheduled due to an act of God or circumstances beyond control, the race is not liable to refund any money donated by me to participate. I also hereby consent to permit emergency treatment in the event of injury or illness.

This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to Carole Kai Charities, Inc. and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose.

Signature **(You must sign here for processing)** Date

Signature of parent/guardian if under 18 years. Applications for minors will be accepted only with signature above.

Make non-refundable entry donation check or money order payable to:

GREAT ALOHA RUN and mail to:

Great Aloha Run, P.O. Box 29750, Honolulu HI 96820-2150

Postmark Your Entry by **Jan. 17, 2014**

First Hawaiian Bank

Banking services courtesy of First Hawaiian Bank. $20 assessed for returned check.

(9-13)